

John Trent



John Trent is founding president of StrongFamilies.com, a ministry committed to strengthening marriage and family relationships worldwide. Dr. Trent is a bestselling author and popular speaker with over 25 years experience serving and strengthening families. John has spoken to over 100,000 people in over 65 major cities in the past five years alone, as well as 750,000 men at Promise Keepers conferences. He has authored and co-authored more than a dozen award winning and best-selling books – including ***The Blessing, The Language of Love, Heartshift,*** and ***Breaking the Cycle of Divorce.*** His most recent books include ***The 2 Degree Difference, Superhero Swamp,*** (a children’s book), and ***Skinny Rabbits.***

John and his wife Cindy live in Phoenix, AZ, have been married since 1979 and have two daughters.

Find out more about John Trent’s ministry at www.strongfamilies.com.